University of Maryland University College

# EMERGENCY RESPONSE GUIDE



## MEDICAL EMERGENCY, ACCIDENT, OR ILLNESS

- Remain calm.
- Initiate lifesaving measures, if required and if you are trained.
- Call for emergency response. (Dial 911.)
- Provide building name, location, floor, and room number.
- Describe the nature of the medical emergency.

- Do not move the injured person unless there is danger of further harm.
- Keep the victim from getting chilled or overheated.
- Reassure the victim.
- Send someone to meet the emergency responders to direct them to the injured person.
- Call 911 and update the emergency responders if there is any change in the victim's condition.



## **MEDICAL EMERGENCY, ACCIDENT OR ILLNESS**

## FIRE OR SMOKE

### FIRE EMERGENCY PROCEDURE

- Remain calm.
- Leave the area immediately (closing doors behind you, if possible).
- Feel all doors before opening them. (Do not open a hot door.)
- Lower yourself to the ground and crawl in smoky conditions.
- **Sound the building alarm** if it is not already sounding.
- Leave the building following evacuation procedures.
- Call the fire department from a safe place. (Dial 911.)
- Provide building name, location, floor, and room number.

### **KNOW YOUR SITE INFORMATION**

- Location of safe area
- Location of emergency exits and stairwells
- Location of fire extinguisher
- Location of fire alarm pull stations
- Location of telephone

## TO USE A FIRE EXTINGUISHER, LEARN HOW TO PASS

- Pull the pin.
- Aim the extinguisher nozzle at the base of the fire.
- Squeeze or press the handle.
- Sweep from side to side, still aiming at the base of the fire, until it's out.

Note: Only use a fire extinguisher if the fire is very small and you know how to use one safely. Otherwise, do not attempt to fight the fire yourself.

## **FIRE OR SMOKE**

## NATURAL DISASTERS



Tornadoes, High Winds, Hurricanes, or Earthquakes

Note: During a natural disaster, the greatest danger is from falling debris, trees, and broken glass.

## **ACTIONS TO FOLLOW**

If indoors

- Get under a desk or table immediately.
- Stand in a door frame if a desk is not nearby.
- Get away from windows or glass.
- Remain calm in a protected area until the threat has ceased or the danger has passed.

### If outdoors

- Try to get to a protected or safe area away from buildings, windows, and glass; avoid telephone or light poles or any place where there could be falling debris.
- Get to a low area or depression.
- Cover your head and face.
- Remain calm and do not leave until the threat has ceased or the danger has passed.



## **NATURAL DISASTERS**

### **BOMB THREAT CALL CHECKLIST**

• When will the bomb go off?	Date Time of call		
• Where will the bomb go off?	Call received by		
<ul><li>What type of bomb is it?</li><li>Why are you doing this?</li><li>Who are you?</li></ul>	Voice on phone (circle any that apply) Male Female Adult Child Familiar Estimated age of caller	-Sounding	
Exact language of threat		nated race of caller	
	Speech (circle all that apply)       Slow     Foul     Impeded Rapid     Broken       Mormal     Sincere     Soft     Deep     High-Pit       Excited     Calm     Loud     Accented     Angry		
	Background noises (circle all that apply)       Music     Typing     Factory     Talking     Traffic     Machines       Trains     Airplanes     Laughter     Quiet     Barroom       Additional observations		

## **BOMB THREAT**

- Remain calm.
- Listen carefully.
- Do not interrupt the caller.
- Keep the caller on the line and talking as long as possible.
- Do not anger the caller.

- Write down exactly what the caller says, as well as any inflections in speech and background noises. (Use checklist above.)
- Do not erase threats if they are left on voice mail.
- Call **911** immediately.



## **BOMB THREAT**

## **EVACUATION PROCEDURES**

### DO

- Remain calm.
- Leave the area immediately (closing doors behind you, if possible).
- Leave personal belongings behind.
- Leave the building. (Use marked exits and stairwells.)
- Call the fire department from a safe place. (Dial **911**.)
- Provide building name, location, floor, and room number.
- Listen for special instructions.

### DON'T

- Use the elevators.
- Panic...walk slowly.
- Return to your area until directed by the police or fire department.

### **KNOW YOUR SITE INFORMATION**

- Location of safe area
- Location of emergency exits and stairwells
- Location of fire alarm pull stations
- Location of telephone

#### PERSONS WITH DISABILITIES

- If you are unable to exit from a ground-level floor, proceed to the nearest enclosed stairwell and wait for assistance. Call 911 or inform your coworkers to report your location to responding emergency personnel.
- Shelter in place is appropriate if you are alone and unable to evacuate. Call 911 and report your location. If you can, remain in a room with an exterior window, a telephone, and a solid or fire-rated door.

#### ASSISTING PERSONS WITH DISABILITIES

- Always ask someone with a disability how you can help.
- Mobility impaired: If the person is unable to exit the building, assist him or her to an enclosed stairwell or safe area. Inform the emergency responders of the location of the disabled person.
- Hearing impaired: Ensure the person has been alerted to the emergency through hand gestures or a short explicit note.
- Visually impaired: Assist the person by offering your elbow and guiding him or her through the evacuation route.

## **EVACUATION PROCEDURES**

# SHELTER IN PLACE

Shelter in place is an initial and short-term response to limit potential exposure to health hazards in the environment, as well as to safety and security threats that may be present.

### ACTIONS TO FOLLOW

If instructed to shelter in place,

- Remain calm and follow instructions from emergency management personnel.
- Close off your office suite by shutting windows and exterior doors.
- Select a small interior room with a hard-wired phone and few or no windows, if possible, and take refuge. If others are present, either select a room with adequate space for everyone or select multiple rooms.

- Avoid rooms with mechanical equipment, such as ventilation blowers, pipes, etc.
- Have a cell phone and/or portable radio available to get updates and stay informed.
- Listen to the radio or wait for the official all-clear or further directions.



## SHELTER IN PLACE

# ACTIVE SHOOTER/ARMED INTRUDER

If you observe someone with a firearm, contact the police immediately. Quickly determine the most reasonable way to protect yourself.

### RUN

- If you can safely escape, do so. Get out of the building and away from the shooter, taking into account that there might be more than one armed intruder.
- Keep running until you are well away from the building. Get behind some type of cover.
- Evacuate whether others agree to or not.
- Leave your belongings behind.
- Call 911 when it is safe to do so.

#### HIDE

- If you are unable to exit, find a place to hide.
- Lock and barricade all doors and windows.
- Turn off lights, radios, and computer monitors and silence all cell phones.
- Close blinds and block windows.
- Keep everyone calm and out of sight.
- Take adequate cover for protection. Use concrete walls, thick desks, and file cabinets to protect yourself from bullets.
- Call 911 when it is safe to do so.

### FIGHT

- As a last resort, if your life is in danger, fight back.
- Attempt to incapacitate the shooter.
- Act with physical aggression and do whatever it takes to stop the shooter.
- Yell and use improvised weapons, such as a chair or fire extinguisher.
- Use all of your strength and commit to your actions.

#### WHEN LAW ENFORCEMENT ARRIVES

Law enforcement's purpose is to stop the shooter as quickly as possible.

- Remain calm and follow directions.
- Put down any items in your hands.
- Raise your hands and keep them visible.
- Avoid quick movements toward the officers, such as grabbing on to them for safety.
- Do not stop and ask officers for help or directions while evacuating.
- Provide officers with as much information as possible.

## **ACTIVE SHOOTER/ARMED INTRUDER**

# HOSTAGE SITUATION

### IF YOU WITNESS A HOSTAGE SITUATION,

- Remove yourself from any danger immediately.
- Notify police or security immediately and provide the following information:
  - Location and room number of incident
  - Number of possible hostage takers
  - Physical description and names of hostage takers, if possible
  - Number of possible hostages
  - Any weapons the hostage takers may have
  - Your name
  - Your location and phone number

### IF YOU ARE TAKEN HOSTAGE,

- Remain calm, be polite, and cooperate with your captors. Comply with all orders and instructions. **DO NOT** complain.
- **DO NOT** try to escape unless there is an extremely good chance of survival. It is safer to be submissive and obey your captors.
- **DO NOT** draw attention to yourself with sudden movements, comments, or hostile looks.

- Observe your captors and memorize their physical traits, voice patterns, clothing, etc.
- Avoid getting into political or ideological discussions with the captors.
- Try to establish a relationship with your captors and get to know them—captors are less likely to harm you if they respect you.
- Try to stay low to the ground, behind cover, and away from windows or doors, if possible.

#### IN A RESCUE SITUATION,

- **DO NOT RUN.** Drop to the floor and remain still. If that is not possible, cross your arms, bow your head, and stand still. Make no sudden moves that a tense rescuer may interpret as hostile or threatening.
- Wait for instructions and obey all directions you are given.
- Do not be upset, resist, or argue if a rescuer isn't sure whether you are a hostage taker or a hostage.



## **HOSTAGE SITUATION**

# SUSPICIOUS LETTERS AND PACKAGES

Anyone receiving mail and packages should take reasonable and prudent care when handling these parcels.

## CHARACTERISTICS OF SUSPICIOUS PACKAGES/LETTERS

- From someone unfamiliar to you, unexpected
- No return address or nonsensical address
- Handwritten address or labels for companies
- Postmarked city or state different from the return address
- Lopsided, heavy, or with leaks, stains, protruding wires, or unusual lumps, bulges, or protrusions
- Excessive use of securing materials (tape) or any use of string or twine
- Excessive postage on small packages or letters
- No postage or noncanceled postage
- Handwritten notes, such as "To Be Opened in the Privacy of," "Confidential," or "Prize Enclosed"
- Improper spelling of common names, places, or titles

- Arrival before or after a telephone call from an unknown person asking if the item was received
- Delivered by hand by someone other than regular carriers (e.g., "dropped off for a friend")

## IF A SUSPICIOUS LETTER OR PACKAGE IS RECEIVED

- Handle with care—don't shake, bump, or open any further.
- Isolate the package and look for indicators.
- Don't smell or taste any powder or substance that may have spilled out.
- Call the police or building security.
- Evacuate the building immediately.
- Wash your hands with soap and warm water.



## SUSPICIOUS LETTERS AND PACKAGES

# HAZARDOUS MATERIAL LEAK OR SPILL

- Evacuate the room or area.
- Close and secure the room or area, if possible.
- Leave the building following evacuation procedures. (See Evacuation Procedures.)
- Call the fire department from a safe place. (Dial 911.)
- Provide building name, location, floor, and room number.
- Provide details regarding type of spill and injuries, if any.

#### **KNOW YOUR SITE INFORMATION**

- Location of safe area
- Location of emergency exits and stairwells
- Location of fire alarm pull stations
- Location of telephone



## HAZARDOUS MATERIAL LEAK OR SPILL





Visit **https://alert.umuc.edu** to sign up for the university's emergency communication system.

Send your questions or comments about safety and security or emergency preparedness to **security@umuc.edu**.





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Emergency		
UMUC Security Main Number		
Administration Building Security Desk		
Conference Center/Hotel Security		
University of Maryland, College Park Police		
Emergency		
Non-Emergency		
Charles County Sheriff		
Howard County Police		
Stafford County Sheriff		
UMUC Facilities Management		
Main/Adelphi		
Largo		

**All Emergencies:** 1. Remain calm. 2. Call 911 and provide the building name, location, floor, and room number.

Medical Emergency: 1. Initiate lifesaving measures if trained. 2. Call 911. 3. Describe the nature of the medical emergency. 4. Do not move an injured person unless there is danger of further harm.

#### Fire / Hazardous Material Leak:

 Evacuate the area immediately.
Close and secure the area if possible.
Sound building alarm.
Leave the building. **Bomb Threat:** 1. Call 911 immediately after the threat has been made. 2. Utilize the bomb threat checklist to record details and observations about the threat and the caller.

Natural Disasters: 1. Get under a desk or table. 2. Stand in a doorframe if a desk is not nearby. 3. Get away from windows and glass. 4. Avoid telephone or light poles or any falling debris. 5. Get in a low area or depression. 6. Cover your head and face.

#### Safety and Security Are Everyone's Responsibility!