



Prof.

Fabiana

Monfregola

Adjunct Instructor

PRONOUNS

she, her, hers

SUBJECT AREAS

Italian Language

EDUCATION

MA, Modern Languages for International Communication and Cooperation, Suor Orsola Benincasa University
BA, Modern Languages and Cultures, Suor Orsola Benincasa University

TEACHING LOCATIONS

Naples Military Community, Italy

EMAIL

fabiana.monfregola@faculty.umgc.edu

"If you could describe a wave, you would know the whole world." – Italo Calvino, Mr. Palomar.

If you can't understand this quote, you probably haven't been to my Italian class yet!

Born and raised in Naples, I have a deep connection to the sea, travel, and intercultural communication.

Holding a Master's degree in Modern Languages for International Communication and Cooperation from Suor Orsola Benincasa University, my goal is to make learning Italian engaging, practical, and intuitive.

Having studied and lived across Paris (Sorbonne Nouvelle), Berlin, London, Brighton, and New Jersey, I know firsthand what it takes to master a new language. I bring that authentic, real-world energy into every lesson.

Beyond teaching, I am an avid traveler passionate about literature, art, theater, fashion, and cooking.

Long story short: if you're wondering whether you'll order an authentic Neapolitan pizza or ask for directions like a local, yes, you absolutely will and so much more! Whether navigating basics or diving deep into Italian culture, I'm here to guide you.

Benvenuti a bordo, and I look forward to navigating the world of words together!